



Cedrus
Montessori

CEDRUS MONTESSORI CURRICULUM

AREAS OF FOCUS

Emotional wellbeing
Psychomotor development
Intellectual development
Language development - bilingual
Socialization

5 KEY AREAS

Practical Life • Sensorial • Language
Mathematics • Culture and Creativity

DAILY SCHEDULE

A Typical Day in the Nursery

7.30 am – Nursery Opens

- Good Morning!
- Teacher welcomes and greets every child at the door.
- Parents leave.

8.30 am – Breakfast

- Children serve themselves and clean up after themselves. Classical music is softly played in the background.

9.00 am – Circle Time

9.20 am – Work Cycle Begins

- For the first hour of the day, children freely choose to work with an activity from one of the five curriculum areas: Practical Life, Sensorial, Language, Mathematics, and Culture.
- Children may work with one material for the whole work cycle, or they may move freely from one activity to another. New children are guided through the activities and lessons by the teacher. Children may work individually or in small groups as long as they are productive.



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10.20 am

- The children conclude their activities and pack away the materials. Packing away is an important part of learning to take care of the materials and their classroom environment.
- Children learn the order of the environment and take pride in returning objects to their rightful place.
- Completing the cycle of activity (COA) helps the children to be self-disciplined.

10.30 am – Special activities

(Art and crafts, music and movement, «Show and Tell», psychomotricity, science experiments).

11.00 am – Outdoor Play

- Outdoor play is a time for the toddlers to socialize with other age groups and exercise their gross motor skills.
- Activities are prepared by the teachers for some group play.

12.00 - Preparing for lunch time

- Working hard is hungry work! We require families to pack a lunch for their child. Homemade food encourages children to learn about foods from different cultures, encourages food-based discussions, and fosters a greater understanding of healthy eating (Fruits, vegetables, cereals, etc...).
- Our staff are happy to heat any meals that should be served warm.

12.30 pm – Group Time

- Group time allows the class to develop a strong sense of community through shared learning and experiences. Group time activities for our toddlers typically include; story time, Lego, building blocks, playdough etc...

13.00 pm – Rest Time

- The children who need a nap go to sleep listening to soft music. Children who do not need a day sleep participate in quiet activities such as “reading” a story; but they must be resting.

1.45 pm – Toddlers Wake Up

- Children begin to wake up and pack away their bedding. Educators ensure each child’s bedding is packed away in their own bag, ready for the next day.
- Children’s bedding goes home at the end of each week.

2.00 pm – Closing Time

- The little one is now ready to go home after a wonderful day of learning and fun.
- Teachers greet parents at the door and help them collect their child’s belongings.
- They answer parents’ questions about how the child slept, how much they ate or what they have learned during the day.

*Throughout the day frequent toilet times and/or nappy changes are scheduled for the children, and the educators regularly check if the child requires an extra nappy change.



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CURRICULUM DETAILS

All activities are age appropriate at Cedrus Montessori

- Recognizing similarities and differences
- Recognizing quantity of numbers 1-10 and identifying numeric symbols
- Learning how to use words to express feelings, and ask for help when needed
- Holding a coloring pencil correctly – the frog and coloring within limits
- Cooking and measurement
- Following a sequence of directions (not more than 3)
- Enhance skills for autonomy through practical life (i.e. serving own water/snack, cleaning and care of the environment)
- Exploration of the five senses

GROUP TIME

At the beginning of the year our group time (similar to a circle time) is informal and we don't force anyone to sit while we read. As the year progresses and their attention spans grow, they sit on a carpet square while we read a short story and recite one of our **favorite finger plays** or dance to one of our **favorite songs**. This gets them used to sitting together and they will be ready for a more.

SNACK

A lot of **independence** takes place during snack time. We start from the very first day carefully showing the children how we wash our hands before and after snack, how we sit at the tables, and how we clean up our spots when we are finished.

PLAYGROUND

Both areas have lots of toys that allow the children to use their **large motor skills**. We make sure they get at least 30 minutes of time moving their bodies.

MUSIC & MOVEMENT

(Drumming and dancing)
This might be using rhythm sticks, or **singing to our favorite songs**.